

Before we can determine the kinds of activities that would be right for you, we will need to get together and take a look at the current skills and abilities you have, the things that interest you, and the particular challenges you face. This takes some time, but it is a really important part of the program. Activities that you will be involved in are designed to help you overcome the challenges you face.

Your youth coordinator will visit with you on a regular basis. The reason for this is to see how you are doing, and look at the activities you are involved with. This review could lead to more challenging activities, or a job in an area that you are interested in.

If You Would Like to Learn More

Contact the youth coordinator at the Job Service North Dakota customer service office in your area to see what we can do for you.

Job Service North Dakota Customer Service Office Locations

Beulah
119 E Main
Beulah ND 58523
Phone: 701-873-5607
Toll Free: 1-877-268-5437

Bismarck-Mandan
1601 E Century Ave
Bismarck ND 58503
Phone: 701-328-5000
Toll Free: 1-800-247-0981

Devils Lake
301 College Dr S
Devils Lake ND 58301
Phone: 701-662-9300
Toll Free: 1-800-247-0982

Dickinson
66 Osborn Dr
Dickinson ND 58601
Phone: 701-227-3100
Toll Free: 1-800-247-0983

Fargo
1350 32nd St S
Fargo ND 58103
Phone: 701-239-7300
Toll Free: 1-800-247-0985

Fort Yates
Job Service Building
Fort Yates ND 58538
Phone: 701-854-7463
Toll Free: 1-800-757-6850

Grafton
927 12th St W
Grafton ND 58237
Phone: 701-352-4450
Toll Free: 1-800-321-7416

Grand Forks
1501 28th Ave S
Grand Forks ND 58201
Phone: 701-795-3700
Toll Free: 1-800-247-0986

Harvey
119 9th St W
Harvey ND 58341
Phone: 701-324-4552
(Open M & Tu 8:30-5 p.m./
Th 8:30-2:30 only)

Jamestown
429 2nd St SW
Jamestown ND 58401
Phone: 701-253-6200
Toll Free: 1-800-247-0988

Minot
3416 N Broadway
Minot ND 58703
Phone: 701-857-7500
Toll Free: 1-800-482-0017

New Town
Main Lanes & Cafe Building
204 Main St
New Town ND 58763
Phone: 701-627-4390

Oakes
517 Main Ave
Oakes ND 58474
Phone: 701-742-2546
(Open M through Th 8 a.m.-5 p.m./
Fri 8 a.m.-noon)

Rolla
103 E Main Ave
Rolla ND 58367
Phone: 701-477-5631
Toll Free: 1-877-516-0600

Valley City
250 S Central Ave
Valley City ND 58072
Phone: 701-845-8860
Toll Free: 1-800-831-6374

Wahpeton
524 2nd Ave N
Wahpeton ND 58075
Phone: 701-671-1550
Toll Free: 1-888-671-9229

Williston
422 1st Ave W
Williston ND 58801
Phone: 701-774-7900
Toll Free: 1-800-247-0989

STATEWIDE TTY: 1-800-366-6888



WORKFORCE PROGRAMS
JSND-6067 (R. 4-04)

Job Service North Dakota is an equal opportunity employer/program provider. Auxiliary aids and services are available upon request to individuals with disabilities.

Connecting
Young Adults
to the
Community

Youth
opportunities

A Youth Employment
and
Training Program

Planning For Your Employment Future

If you are between the ages of fourteen and twenty-one, you'll probably spend the next fifty years working – most likely eight hours a day, five days a week, and about fifty weeks a year, so it's a good idea to like what you do. It's also a good idea to choose a career that's right for you, based on your skills and interests.

The decisions you make in your early adult years will have lifelong consequences for you and others. You will have to make decisions in your life including:

- How much education you pursue
- How much time and effort you put into developing your skills
- How much energy you put into developing a supportive network of family and friends around you
- How much work experience you gain
- Which jobs or careers you should pursue

As you plan for your employment, some areas you should think through are:

- Career planning
- Finding a job
- Furthering your education
- Gaining experience
- Preparing for a job
- Presenting yourself

Your future success depends on you!

Youth Opportunities

Do you need help completing your high school degree or GED, getting the skills you need for employment opportunities, or connecting with a mentor? Youth Opportunities is a program that can help get you through school and connect you to your community.

Who's Eligible?

Youth Opportunities may be able to help if you are:

- Between the ages of fourteen and twenty-one *and*
- In need of financial assistance, including one of the following:
 - Low family income
 - Part of a household that gets food stamps or cash public assistance
 - Foster child
 - Homeless
 - Individual with a disability, *and* face a challenge including:
 - Lack basic educational skills
 - School dropout
 - Homeless, runaway, or a foster child
 - Pregnant or a parent
 - Offender
 - Need assistance to finish school, or to get and keep a job

Although, not everyone who is eligible is selected to be involved with the Youth Opportunities Program.

What Would You Need to Do?

Youth Opportunities might be for you if you are willing to make a commitment to yourself, the youth coordinator, and the program.

The kind of things that you could be involved in range from help with succeeding in school and employment - to training opportunities - to mentoring opportunities.

A few more activities include:

- Working with a tutor to improve your grades.
- Getting help with skills you need in school, such as studying and organizing your time.
- Learning about alternative schools or Job Corps.
- Connecting what you learn in school with an actual job.
- Exploring different careers and industries in the area.
- Participating in job shadowing.
- Exploring your own leadership potential and discovering your talents, strengths, and challenges.
- Gaining skills so that you will be able to find employment for yourself.
- Looking for future job advancement opportunities, reviewing job requirements, and preparing yourself so you are ready to apply when a better job opens up.
- Talking to a career planner.